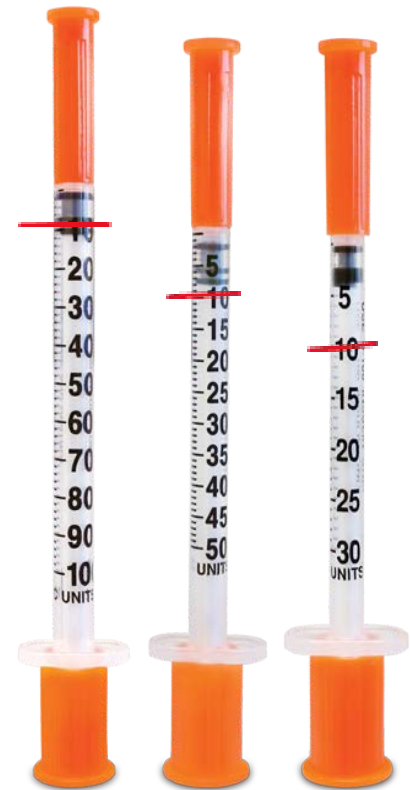


Semaglutide Treatment Dosing Schedule



Semaglutide 2.5mg/1ml = 7.5mg/3ml vial

| Week | Dose in mg | Units per 1ml | Amt Used |
|------|------------|--|-------------------------|
| 1 | 0.25 | 10 units | |
| 2 | 0.25 | 10 units | |
| 3 | 0.25 | 10 units | |
| 4 | 0.25 | 10 units | |
| 5 | 0.5 | 20 units | |
| 6 | 0.5 | 20 units | |
| 7 | 0.5 | 20 units | (1ml = 100 units) |
| 8 | 0.5 | 20 units | |
| 9 | 1 | 40 units | |
| 10 | 1 | 40 units | (2ml = 200 units) |
| 11 | 1 | 40 units | Book Refill Appointment |
| 12 | 1 | 40 units | (3ml = 300 units) |
| 13 | | Continue with the dosage plan from your provider | |



Tips:

- Store the medication in the refrigerator, do not freeze.
- You can continue the same dose if it is working for you.
- **Patients' dosage can be gradually increased based on tolerability and weight loss. Many patients have continued to lose weight on slower titrations.**
- **Drug Tolerability and weight loss are patient dependent.**
- You can increase the dose by 10 units instead of doubling after the 8-week mark
- If you are feeling sick or increased side effects, decrease your dose back to the prior dose
- Increase the fiber in your diet to help prevent constipation, it is ok to take stool softeners and MiraLAX, if needed.
- Continue to exercise and eat healthy, continue any vitamins or supplements.
- It may help to eat smaller, more frequent meals, to avoid low blood sugar symptoms.

